

Duns Dental Practice Newsletter



Team News

Most of you will now know that, Jean Andrews Dean, our Hygienist, has retired. We would like to take this opportunity to thank her for all her efforts and welcome Seana O'Brien to the area. She took over from Jean last June and as a Hygiene Therapist, has undergone additional training to allow her to provide more services for you. These include the provisions of filling on both baby and permanent teeth, the application of fluoride and fissure sealant to teeth, and the extraction of baby teeth under local anaesthetic.

Jane Boyter, having completed her year as our vocational dental practitioner, has relocated to Edinburgh. She is replaced by Dr Jason Mandle who joins us, with his family, from Cumbria.

Dr Amber Aplin and Dr Gwynne Roberts complete our recent additions to the team. Both join us for a day a week and we plan to increase the amount of time Amber spends with us over the next year. For more information about all our new members please see their profiles in the "meet the team" section of our website www.dunsdental.co.uk

Duns Dental Practice becomes a Childsmile Practice

Over the last couple of years the Scottish Government has been phasing in an enhanced Preventive programme for young children. This has involved a co-ordinated approach from Oral Health educators, Health visitors, Primary Schools and General Dental Practices.



We are pleased to announce that, as of this summer, we will be part of this. Over the next year we will carry out a series of promotions and the first one involves helping the parents of our under 5's with ensuring their children are given a sound knowledge of toothbrushing. This will involve demonstrations of different techniques as well as a review of your family's current methods.

Children do not have the fine motor skills needed to brush properly until at least the age of seven. We, therefore, advise that all parents help their children with this skill until at least age 7. We suggest that you involve your children in the process in an age appropriate way, encouraging them to form good habits for the future by finding out what motivates them (just like everything else!) if at all possible it is advisable to schedule brushing at a time when your child is not tired. As all our adult members know flossing is a more intricate art and we suggest only applicable for teenage years and beyond.

Plan freeze



Awards and Accreditations

After annual review by the British Dental Association, The practice has retained its BDA Good Practice status. This means that everyone in our Practice has commitment to quality dental care. We aim to keep up to date with nationally agreed standards of good practice and provide the best care for our patients.

We have also been reaccredited by Investors in people for the third time and have now been an Investor in people for more than 10 years. For more detail about what being a BDA Good practice and an Investor in People involves please click on the respective logos on our website www.dunsdental.co.uk

Finally!

Phase 3 of our renovations is now complete. Feedback from practice members so far has been overwhelmingly positive and we would like to take this opportunity to thank the construction team that has worked so hard and well with us over the last three years. Thank you also to our practice members who were so tolerant of the upheaval. Once we've all recovered we plan to upgrade surgery 3 and our IT systems - most likely 2013.

Plan freeze

Dental inflation is currently running at 3-5% higher than standard inflation. We realise, however that the practice is not alone in experiencing the impact of this current period of financial austerity.

We particularly value your continued support and we are pleased to inform you that we are freezing our practice plan fees again at 2010 rate.

Join our practice plan will offer you the following benefits.

- Guaranteed membership/ registration with the practice
- Convenient monthly payments allowing you to budget
- Dedicated preventive care plan set at a level specifically tailored to your needs
- Dental injury and emergency insurance
- 10% members discount on any restorative or cosmetic treatment required

Care plans start at £10.95 per calendar month

Please pick up a practice plan information leaflet or ask any of our team members for further information you require.

